SELF ASSESSMENT

		Ground Skills	In Hand	Riding
peginner	Level 1	Attention and connection Move towards/ Move away Touch Haltering Targeting	Soften jaw to halter pressure	Touching all over with saddle pad Accepting barrel pressure (simulating girth)
	Level 2	On lead walk forward On lead back up Turn right/ left Haunches right/ left	Lateral movement from side pressure - Position 1 - Position 2	Saddle and girth Bit and bridle Jaw release from bit pressure Stand at block with rider above
	Level 3	Lower head Pick up feet Stand Acceptance of things touching body - towels, blankets, etc Standing tied	Lunge left and right - intro voice cues - Walk - Halt - Change directions on line - Trot - Canter	Stand with rider mounted Rider can touch all over while mounted Walk with rider Halt with rider Turn left/ right Trot with Rider (Rhythm)
		Ground Skills	In Hand	Riding
Intermediate	Level 1	Accept farrier work on feet Stand for sprays Hosing and bathing Trailer loading	Shoulders In Haunches In Leg yield Turn on the Shoulders Turn on the Forehand	Reach forward and down with neck from bit pressure Complete circles - 10 meter walk - 20 meter trot Move laterally from leg pressure Canter with rider Trail Riding - triggering investigative behavior Moving past scary things (that can't be investigated) (Suppleness & Connection)
	Level 2	Rectal temp IM and IV injections Oral meds Eye meds	Transition to bridle Soften jaw from bit pressure Work in the Bridle Shoulders In Haunches In Leg Yield	Cavaletti trot Cavaletti canter Simple Lead Changes Trot pole exercise Jumping Bounces (Impulsion)
	Level 3	Clippers Move Haunches Towards	☐ Trot in Hand☐ Beginning steps of Piaffe	Contact and Frame Shoulders in Haunches in Leg Yield Flying Lead Changes (Straightness)
		Ground Skills	In Hand	Riding
	Level 1	Performing previous tasks at liberty with consistency - Walk - Back - Turn right - Turn left Free lunging	☐ Half pass ☐ Piaffe	(Increased Collection in Movements)
Advanced	Level 2	Continue Liberty Work in areas of interest	Pirouettes Passage Canter in hand	Specialization: Dressage Movements - Half pass - Piaffe - Pirouettes - Passage Jumping - Advanced Grid work for course skill building - Course work Trail Riding/ Trail Classes - Going through water - Going over bridges - Opening gates - Adding distractions