# **Rider Skills**

Intermediate 3Behavior & Training

"Trust your instinct, believe in yourself and let your horse show you his ability." Jordan Lindstedt

In this level we go deeper in understanding healthy movement for horses and in changing behavior.

#### **Training Journals Examples**

# Demonstrate Ability to Improve Horse's Movement

Lesson with Angelo Telatin: Correct Training Progression

Lesson with Wendy Murdoch: How Posture Affects Both Horse and Rider

### **Discuss Training Scale**

\*see QA recording

# Show Ability to Improve a "Problem Behavior"

**Problem Solving Riding Category** 

#### **Short Courses or Q&As**

How to Tell if a Behavior is Physical or Psychological (November 2020)

The Training Scale (June 2020)

Conditioning and Fitness for Horses (August 2020)

### Videos from the Weekly Show

What is Athletic Relaxation

How Your Horse's Movement Affects His Behavior

How to Stop Bad Behavior

#### **Related Premium Courses**

