

Rider Skills

Intermediate 2

Groundwork

*"It is only with the heart that one can see rightly;
what is essential is invisible to the eye."
Antoine de Saint-Exupery*

In this level, we are simply progressing the lungeing skills to working in both walk and trot.

Training Journals Examples

Lunge at Walk and Trot

Gemini: Applying Basic Responses to Lungeing

Catfish: Square Lunging

Shoulder In and Shoulder Fore

*see Free Workshop resource in the next section

Short Courses or Q&As

Free Workshop from Developing Balance In Hand

Videos from the Weekly Show

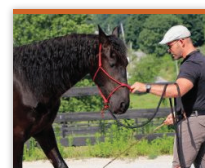
Tips on Lungeing Safety

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