

# Rider Skills

## Intermediate 2

### Behavior & Training

*"You can never rely on a horse that has been educated by fear. There will always be something that he fears more than you. But, when he trusts you, he will ask you what to do when he is afraid."*  
*Antione de Pluvinel*

In this level, we are focusing on desensitization - the process of helping our horses be comfortable with the environment around them and the activities we ask them to do.

#### Training Journals Examples

##### Desensitize a Horse to Something Scary

Cedar: Desensitizing to Traffic

Limerick: Desensitizing to Fly spray  
Part 1

Part 2

Part 3

Face Targeting with Cashmere

Rope Loops with Cashmere

##### Discuss Methods of Desensitization

\*see weekly show

#### Videos from the Weekly Show

4 Ways to Help a Spooky Horse

Methods of Desensitization

#### Related Premium Courses



Balanced Riding  
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