

# Rider Skills

## Intermediate 1 Behavior & Training

*"The future belongs to those who believe in the beauty of their dreams."  
Franklin D. Roosevelt*

In this level, learn to identify movement patterns and train with different learning "tools".

### Training Journals Examples

#### Identify Movement Patterns

Lesson with Wendy Murdoch: How Posture Affects Both Horse and Rider

#### Teach a New Behavior Using Positive and Negative Reinforcement

Zelli: Using Targeting to Walk Into the Barn

Francine the Goat: Using Targeting to Jump through a Hoop

Trooper: Self Loading

### Short Courses or Q&As

ABCs of Training

### Videos from the Weekly Show

How Your Horse's Movement Affects His Behavior

### Related Premium Courses



ABCs to On the Aids

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Balanced Riding Course

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