

Rider Skills

Beginner 3

Riding

*"The horse, with beauty unsurpassed, strength immeasurable and grace unlike any other, still remains humble enough to carry a man upon his back."
Amber Senti*

In this level, the riding difficult increases with beginning canter, riding patterns, and learning two-point position.

Training Journals Examples

Ride Canter on Lunge Line or Straight Lines

Carly: Canter Transitions

Ride Basic Patterns at Walk: Circle, Figure 8, and Diagonals

*Training Journals focuses on training, so we do not have as much content in this program on riding how to. However, you will find more resources in the links below.

Demonstrate Two-Point at Walk and Trot

Noel: Using a Series of Exercises to Improve Rider Upper Body Position (The exercises in this video can also be practiced on the flat, not just over fences.)

Short Courses or Q&As

Wendy Murdoch - Identify the Habits Holding You Back In Your Riding

Videos from the Weekly Show

How to Ride an Effortless Canter Transition

Do You Do This? (practicing jump position)

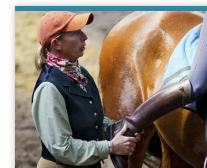
Riding the Canter, It's a Swing, Not a Scoop

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