

# Rider Skills

## Beginner 3

### Behavior & Training

*"Start where you are. Use what you have. Do what you can."*  
*Arthur Ashe*

In this level, we deepen the understanding of training theory and practice more detailed observation.

#### Training Journals Examples

##### Describe Example of Classical Conditioning

Red: Laying Down on Cue

Red: Laying Down on Cue Part 2

##### Complete Horse Behavior Observation Log

\*new content being added on this topic soon

##### Identify Signs of a Horse in Pain

\*see resources



#### Short Courses or Q&As

Premack Principle (April 2020)

Horse Grimace Scale (July 2020)

ABCs of Training

#### Videos from the Weekly Show

How to Recognize Anxiety, Tension, or Pain in Your Horse

#### Related Premium Courses



Balanced Riding Course

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