

Rider Skills

Beginner 2

Riding

*"The job of the rider is to learn to move like a horse."
Jamison Wallace*

This level expands on the basic riding seat by riding independently and practicing the rising trot.

Training Journals Examples

Ride Walk and Trot Independently

*see other resources on this page for the basic riding seat

Ride Rising (Posting) Trot

*see other resources on this page for rising trot

Short Courses or Q&As

ABCs of Riding

Wendy Murdoch - Identify the Habits Holding You Back In Your Riding

Videos from the Weekly Show

How to Ride Posting Trot... the Skeletal View

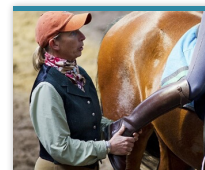
Avoid the Double Bounce in Rising Trot

Related Premium Courses



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