

# Horse Skills

## Intermediate 1

### Riding

*"No hour of life is wasted that is spent in the saddle."  
Winston Churchill*

In this level, we begin shaping movement under saddle, working at canter, and getting out on the trails.

#### Training Journals Examples

##### Reach Forward and Down:

Belle: Stretching and Reaching Plus Starting Cross Rails

Raleigh: Lunging in the Chambon

##### Move Laterally from Leg Pressure

Lesson with Angelo Telatin: Correct Training Progression

##### Canter with Rider

Big Boy: Canter Under Saddle

Winter: Canter Outside the Arena

Tommy - Heart Rate Monitor

##### Trail Riding - Triggering Investigative Behavior

Cedar: Spooky Objects

#### Moving Past Scary Things (that can't be investigated)

Trooper: Spooking at Sheep

Tommy: Riding Past Resistance on the Trail

#### Videos from the Weekly Show

How to Handle Spooking on the Trail

Are You Ready to Trail Ride

#### Related Premium Courses



Balanced Riding Course

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