# **Horse Skills**

Beginner 3

In Hand

## "I knew when I met you an adventure was going to happen." AA Milne

This section is focused on lungeing, which, done correctly, can be beneficial for developing the horse's body and creating rhythmic, calming movement.

### **Training Journals Examples**

#### Lunge Left and Right

Zelli: Lunging (Beginning)

Gemini: Basic Responses to Lungeing

Catfish: Square Lunging

Big Boy: Cantering on the Lunge

G. Molly: Change of Direction When Lungeing

Carly: Simple In Hand Pattern

## Videos from the Weekly Show

Tips on Lungeing Safely

## **Related Premium Courses**



Balanced Riding Course Learn More



Developing Balance In Hand Learn More