

# Horse Skills

## Beginner 1

### Riding

*"No one can teach riding so well as a horse."  
The Horse and His Boy*

In this level, we learn about introducing tack, with accompanying articles to understand desensitization - the process of "getting used to" something new.

#### Training Journals Examples

##### Saddle

Junebug: First Time with Tack

Zelli: Tacking Up

#### Videos from the Weekly Show

Methods of Desensitization in Horse Training

Helping the Spooky Horse, 4 Factors to Consider

#### Related Premium Courses

